

St. Luke's CE Primary School



Menu 1 – Week Beginning 19th November & 10th December 2018

MONDAY

Homemade Chicken Balti
50/50 Rice

Fish Finger Baps

Jacket Potato with
Baked Beans

Spicy Jacket Wedges
Garden Peas
Sweetcorn

Organic Yeo Valley Yoghurt
Pear Sponge & Custard
Basket of Fresh Fruit &
Fruit Pots

TUESDAY

Spaghetti Bolognese
with Organic Mince

Vegetarian Sausage Roll

Assorted Wraps

Baked Beans
Medley of Vegetables
Oven Baked Croquettes

Fruit Sundae Surprise
Organic Yeo Valley Yoghurt
Basket of Fresh Fruit
& Fruit Pots

WEDNESDAY

Roast Chicken & Stuffing

Cheese & Potato Whirl

Jacket Potato & Tuna Filling

Creamed & Roast Potatoes
Broccoli
Fresh Carrot Batons

Cheese & Crackers
Basket of Fresh Seasonal
Fruit or Fresh Fruit Pots
Organic Yeo Valley Yoghurt
Fruit Salad & Ice Cream

THURSDAY

Meat & Potato Pie

Tomato & Basil Pasta Shells
with a Crusty Roll

Sandwich Platter

Sliced Beetroot
Cobettes

Rice Pudding & Fruit Coulis
Organic Yeo Valley Yoghurt
Basket of Fresh Seasonal
Fruit & Fruit Pots

FRIDAY

Homemade Pizza

Salmon Fillet

Jacket Potato
with Cheese Filling

Baked Beans
Mixed Salad Bowl
Chunky Chips

Apple Flapjack Triangles
Basket of Fresh Fruit and
Fruit Pots
Organic Yeo Valley Yoghurt



Menu 2 – Week Beginning 5th & 26th November & 17th December 2018

MONDAY

Lasagna & Crusty Roll

Oven Baked Bubble Fish

Assorted Wraps

New Potatoes
Garden Peas
Salad Bowl

Organic Yeo Valley Yoghurt
Basket of Fresh Seasonal
Fruit and Fruit Pots

TUESDAY

Chicken Pilaff

Tortellini Pasta

Jacket Potato with Beans

Sweetcorn
Medley of Vegetables

Fresh Fruit Mousse Pots
Basket of Fresh Seasonal
Fruit & Fruit Pots
Organic Yeo Valley Yoghurt

WEDNESDAY

Roast Pork & Apple Sauce

Oven Baked Fish Fingers

Cheese Melt

Fresh Carrots
Cabbage
Baked Beans
Roast & Creamed Potatoes

Apple Crumble & Custard
Organic Yeo Valley Yoghurt
Basket of Fresh Seasonal
Fruit and Fruit Pots

THURSDAY

Beef Burger with Tomato Salsa

Cheese & Onion Pie

Jacket Potato & Cheesy
Crunchy Coleslaw

Broccoli Florets
Cobettes
Oven Baked Wedges

Arctic Roll
Basket of Fresh Seasonal
Fruit and Fruit Pots
Organic Yeo Valley Yoghurt

FRIDAY

Alaskan Pollock Fillet

Savoury Omelette

Sandwich Selection

Chunky Chips
Baked Beans
Salad Pots

Organic Milkshake/Biscuit
Basket of Fresh Seasonal
Fruit and Fruit Pots
Organic Yeo Valley Yoghurt



Menu 3 – Week Beginning 12th November & 3rd December 2018

MONDAY

Savoury Mince Taco
 Fish Fingers
 Jacket Potato with Tuna & Sweetcorn Filling
 Savoury Rice
 Creamed Potatoes
 Marrowfat Peas
 Sweetcorn
 Basket of Fresh Seasonal Fruit & Fruit Pots
 Organic Yeo Valley Yoghurt

TUESDAY

Pork Sausages & Gravy
 Macaroni Cheese
 Egg Mayonnaise filled Roll
 Herby Diced Potatoes
 Seasonal Vegetables
 Basket of Fresh Seasonal Fruit & Fruit Pots
 Organic Yeo Valley Yoghurt
 Banana Muffin

WEDNESDAY

Minced Beef & Dumplings
 Cheese & Tomato Quiche
 Baked Potato & Beans
 Broccoli
 Fresh Carrots
 Creamed Potatoes
 Roast Potatoes
 Basket of Fresh Seasonal Fruit & Fruit Pots
 Organic Yeo Valley Yoghurt
 Rainbow Jelly Pots

THURSDAY

Chicken Fajita Wrap
 Vegetarian Meatballs on a bed of Spaghetti
 Sandwich Selection
 Potato Croquettes
 Garden Peas & Sweetcorn
 Organic Yeo Valley Yoghurt
 Basket of Fresh Seasonal Fruit & Fruit Pots
 Cocoa & Banana Tray Bake

FRIDAY

Breaded Fish Cakes
 Vegetarian Pizza
 Jacket Potato & Cheese
 Salad Pots
 Baked Beans
 Chunky Chips
 Basket of Fresh Seasonal Fruit & Fruit Pots
 Organic Yeo Valley Yoghurt
 Shortbread Round Biscuits

